



# OPEN MARRIAGE: DO OR DON'T?

Q&A

*Five years into her marriage, Jenny Block, author of the new memoir *Open*, was miserable. Instead of divorce, she and her husband agreed to other sexual partners. Really! So how'd that go?*



**GLAMOUR:** Open marriage is gutsy enough. What made you write about it?

**JENNY BLOCK:** The divorce rate is 50 percent. A lot of people are unhappy in monogamy and cheating anyway. If no

one comes forward about open marriage, it'll never be seen as normal.

**GLAMOUR:** You're not jealous?

**JB:** Sometimes, but I've learned jealousy is something we create to "own" our partner. We think one person should be everything romantically and sexually.

**GLAMOUR:** Are you saying we should all try open relationships?

**JB:** Not at all. I'm prescribing that we all try honest ones.

—AYANA BYRD